



Woody Yaloak Athletic Club

Haddon, Victoria

WEEK 3 – please register online via www.woodyathletics.org.au

Date	8th May 2026
Time	430pm
Location	Nimon's Bridge
Address	170 Galatea Rd, Newtown
Race Marshall	Sarah Widdowson

Meet Notes:

To get to the start:

- Drive out to Scarsdale and out past the Primary School. About 1.5km past the school there are signs – Nimon's Bridge, turn right and follow the gravel road down to the carpark.
- **NOTE: The carpark is small and has minimal turning space, so please park top of hill and walk 100m down to the start.**

Parent helpers:

- Putting out cones
- Packing up cones
- Timekeeper
- Writing results down
- Marshall on each cone

The course:

This is an out and back course, running across the bridge and along the Rail Trail to your coloured cone and then back.

AGE GROUP	COURSE	DISTANCE
U6	To Green Cone	500m
U8	To Blue Cone	1000m
U10	to Red Cone	1500m
U12	to Yellow Cone	2000m
U14+	to White Cone	3000m



New runners who are doing a trial, please see Grace to add your name to the time sheet and confirm your age group before starting.